

**Endo Surgi Center of Old Bridge  
42 Throckmorton Lane, Old Bridge, NJ 08857  
(732) 679-8808**

### **Directions**

#### **FROM POINTS SOUTH OF OLD BRIDGE AND CINDY STREET:**

- Take Route 9 North past Cindy Street
- Exit Route 9 at the next exit - Throckmorton Lane, Ticetown Road, Matawan
- Once you exit, immediately bear right, following signs for Throckmorton Lane and Ticetown Road
- Continue to first stop sign and make a left on to Throckmorton Lane
- Once on Throckmorton Lane, go through the first light
- The Endo Surgi Center of Old Bridge will be on the right side, approximately 2/10's of a mile

**\*\* If you come to a second light, you have gone too far \*\***

#### **FROM POINTS NORTH OF OLD BRIDGE AND ROUTE 516**

- Take Route 9 South passing both exits for Route 516
- After passing these exits, take the next exit - Throckmorton Lane, Ticetown Road
- Once you have exited, bear right and merge on to Throckmorton Lane
- The Endo Surgi Center of Old Bridge will be on the right, approximately 2/10's of a mile

**\*\*Once you have merged on to Throckmorton Lane, if you come to a light, you have gone too far\*\***

## UPPER ENDOSCOPY INFORMATION AND PREPARATION

Patient Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Procedure Date: \_\_\_\_\_

Procedure Time\*: \_\_\_\_\_

**Please note – all procedure times are subject to change – you will be notified of your final time by the facility the evening before your procedure.**

To help you determine your medical treatment, you have been asked to undergo an upper endoscopy (esophagogastroduodenoscopy). This is an examination of your esophagus, stomach, and first two portions of the duodenum (small intestine).

As you will receive sedative medication, please be sure to arrange to have someone pick you up after your procedure. You will not be able to drive a car or perform complex activities after receiving sedation.

Five days prior to your procedure, stop all herbal supplements (such as ginkgo biloba, St. John's wort, fish oil, etc.), vitamin E, and anti-inflammatories (such as Advil, Motrin, Aleve, or Excedrin). If you take Coumadin (warfarin), Plavix (clopidogrel), or diabetic medications, please make sure you have received instructions from your prescribing doctor. **DO NOT STOP ANY MEDICATIONS, INCLUDING ASPIRIN, UNLESS INSTRUCTED BY YOUR DOCTOR.**

For the best possible examination, the upper gastrointestinal tract must be completely empty of food and liquids. Please do not eat or drink anything after midnight the night before your procedure and then not again until after your endoscopic examination. **TAKE ONLY YOUR APPROVED MEDICATIONS WITH A TINY SIP OF WATER AT LEAST TWO HOURS PRIOR TO YOUR PROCEDURE.**

The doctor will describe any special instructions in addition to those above. If you have any questions, please contact our office at (732) 370-2220.

Special Instructions: \_\_\_\_\_

# **KNOW YOUR BENEFITS!!!**

You must call your insurance company prior to your procedure to KNOW YOUR BENEFITS.

You will be responsible for any **DEDUCTIBLES** and **CO-INSURANCE** associated with your particular insurance plan. DO NOT assume “in-network” means you will be 100% covered.

You are scheduled to have your procedure performed at **Endo Surgi Center of Old Bridge, which is an Ambulatory Surgical Facility, not an office.** Whether or not this facility is in network with your insurance carrier, you may have out-of-pocket costs which come from annual deductibles, coinsurance, and co-pays.

We will obtain any necessary prior authorizations for your procedure; however, this does not guarantee payment. **Please check your benefits with your insurance carrier(s) for this procedure.**

To help you better understand your benefits when calling your insurance carrier, the following is a check-list of important questions to ask.

**Is the facility in network with my insurance carriers?**

Please note, even if your doctor participates with your insurance carriers, Endo Surgi Center of Old Bridge may not be a participating. It is your responsibility to verify your coverage with ALL your insurance carriers.

**Do I have a facility-based deductible?**

If so, you will be billed after the claim has been processed by your insurance company.

**Am I responsible for any co-insurance?**

For example, some policies cover 80%, leaving the patient responsible for 20%, which is your co-insurance. If you have any co-insurance responsibility, this, too, will be billed to you after the claim has been processed by your insurance company.

**Do I have a facility co-pay?**

If so, this is due on the date of the procedure.

**Do I need a referral?**

Please make sure all referrals are up-to-date. If you are scheduled for a second procedure on another day, a second referral may be required.

**How will my colonoscopy be billed?**

If you are having a colonoscopy, to better understand how your insurance company may handle your colonoscopy claim, please see the attached sheet. When calling, you'll need your diagnosis code(s), found on your patient summary received after your office visit, so that your insurance company can tell you how they will be processing your claim and your potential financial responsibility, if any.

As always, if you have any questions or concerns, please feel free to call us at (732) 370-2220.

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Ph: 732-679-8808 Fax: 732-679-7280

### Physician Office Instructions for Scheduling Patients

#### Prior to Procedure Day

1. All patients must have a PCR Molecular test for Covid-19 within 6 days of their procedure. **After testing, patient should self quarantine until the day of their procedure** (This is mandatory per the NJ Department of Health)
2. The physician's office will be responsible for confirming negative results for patients scheduled for procedures on Monday if not received prior to the weekend.
3. Patients who test positive will be cancelled.
4. Negative test results must be faxed to the Endo Surgi Center the day **before** the procedure.
5. Repeat patients must be tested before **every** visit.

#### Procedure Day – NOTHING TO EAT THE DAY OF PROCEDURE!!!

1. Upon arrival to the facility, patients will stay in their car and call the facility to alert they have arrived and leave their cell phone number with the receptionist.
2. The receptionist will call the patient on their cell phone when they are ready for the patient to enter the facility.
3. **No family members will be allowed in the facility** (Exception: parent of a minor, caregiver for a disabled patient).
4. Patient should leave **ALL** unnecessary personal belongings at home or in their car. **Patient should not wear any jewelry on the day of the procedure.**
5. **ALL** patients are required to wear a face covering.
6. Patients will be asked to sanitize their hands upon arrival.
7. Patients will be screened for symptoms and temperature upon arrival.
8. Patients with a temperature of (99.5) or higher and or symptoms, will be asked to return to their car and their physician will be notified for advisement.
9. Patients will be given a surgical mask, head cover, shoe covers, and a patient belonging bag for their clothing and personal belongings.

#### Discharge

1. Patients will receive verbal and written discharge instructions from the nurse.
2. Patients will receive procedure results from their physician at the bedside.
3. Patients will be given their post-procedure snack "to-go".

**Please make the necessary arrangements to have a designated person to drive you to and from the facility, as you are not allowed to drive after receiving anesthesia. For your safety, public transportation is not acceptable (Uber, Lyft, Taxis). This does not apply to Medicare patients and their optional means of transportation.**