

**DIRECTIONS TO
THE CENTER FOR AMBULATORY AND MINIMALLY INVASIVE SURGERY
"CAMIS"**

234 Industrial Way West, The Summit, Building B, Suite 101
Eatontown, NJ 07724
(732) 440-4900

FROM THE NORTH

- Take Route 18 South, Towards Pt. Pleasant
- Take EXIT 13A, HOPE ROAD
- Make the 3rd left onto INDUSTRIAL WAY WEST
- Follow INDUSTRIAL WAY WEST for approximately a half mile
- There is a large blue building on the right
- 234 INDUSTRIAL WAY WEST / THE SUMMIT, will be on the left
- Building B is just behind Building A, both buildings are clearly marked.
- If you reach Meridian Road, you've gone too far

FROM THE SOUTH

- Take Route 18 North, towards Eatontown, to CR-547S, Exit 13A
- Take EXIT 13A, towards Garden State Parkway/Wayside
- Make a right onto Wyckoff
- Make a left onto Hope Road
- Make the 2nd left onto INDUSTRIAL WAY WEST
- Follow INDUSTRIAL WAY WEST for approximately a half mile
- There is a large blue building on the right
- 234 INDUSTRIAL WAY WEST / THE SUMMIT, will be on the left
- Building B is just behind Building A, both buildings are clearly marked
- If you reach Meridian Road, you've gone too far

Today's Date: _____

Dear Patient,

The doctor will be performing your upcoming procedure at CAMIS, an ambulatory surgery/out-patient facility, located at 234 Industrial Way West, The Summit, Building B, Suite 101, Eatontown, NJ 07724.

At least 6 days prior to your procedure, please carefully read all of the attached information.

It is extremely important that you follow the dietary and preparation instructions as outlined in your attachments.

The day before your procedure, the surgery center will call you to advise you of the time you should arrive. Please note, **the appointment time given at the time your appointment is made is always subject to change.**

On the day of your procedure, please bring with you the following items:

- Your insurance ID card (s)
- Picture ID

All other paperwork attached is for information purposes only and does not need to be brought with you on the day of your procedure.

**** If you find it necessary to cancel your appointment, please kindly give us 72 (business) hours notice; this will allow us to use this appointment for other patients as well as help you avoid a \$100.00 cancellation fee. ****

Thank you.

Advanced Gastroenterology Associates

UPPER ENDOSCOPY INFORMATION AND PREPARATION

Patient Name: _____

Today's Date: _____

Procedure Date: _____

Procedure Time*: _____

Please note – all procedure times are subject to change – you will be notified of your final time by the facility the evening before your procedure.

To help you determine your medical treatment, you have been asked to undergo an upper endoscopy (esophagogastroduodenoscopy). This is an examination of your esophagus, stomach, and first two portions of the duodenum (small intestine).

As you will receive sedative medication, please be sure to arrange to have someone pick you up after your procedure. You will not be able to drive a car or perform complex activities after receiving sedation.

Five days prior to your procedure, stop all herbal supplements (such as ginkgo biloba, St. John's wort, fish oil, etc.), vitamin E, and anti-inflammatories (such as Advil, Motrin, Aleve, or Excedrin). If you take Coumadin (warfarin), Plavix (clopidogrel), or diabetic medications, please make sure you have received instructions from your prescribing doctor. **DO NOT STOP ANY MEDICATIONS, INCLUDING ASPIRIN, UNLESS INSTRUCTED BY YOUR DOCTOR.**

For the best possible examination, the upper gastrointestinal tract must be completely empty of food and liquids. Please do not eat or drink anything after midnight the night before your procedure and then not again until after your endoscopic examination. **TAKE ONLY YOUR APPROVED MEDICATIONS WITH A TINY SIP OF WATER AT LEAST TWO HOURS PRIOR TO YOUR PROCEDURE.**

The doctor will describe any special instructions in addition to those above. If you have any questions, please contact our office at (732) 370-2220.

Special Instructions: _____

475 County Road 520, Suite 201, Marlboro, NJ 07746
59 Kent Road, Howell, NJ 07731

100 Perrine Road, Old Bridge, NJ 08857

Tel. 732-370-2220 • Fax: 732-548-7408

www.advancedgastroonline.com

KNOW YOUR BENEFITS!!!

You must call your insurance company prior to your procedure to KNOW YOUR BENEFITS.

You will be responsible for any **DEDUCTIBLES** and **CO-INSURANCE** associated with your particular insurance plan. DO NOT assume “in-network” means you will be 100% covered.

You are scheduled to have your procedure performed at the **Center for Ambulatory and Minimally Invasive Surgery (CAMIS)**, which is an **Ambulatory Surgical Facility**, not an office. Whether or not this facility is in network with your insurance carrier, you may have out-of-pocket costs which come from annual deductibles, coinsurance, and co-pays.

We will obtain any necessary prior authorizations for your procedure; however, this does not guarantee payment. **Please check your benefits with your insurance carrier(s) for this procedure.**

To help you better understand your benefits when calling your insurance carrier, the following is a check-list of important questions to ask.

Is the facility in network with my insurance carriers?

Please note, even if your doctor participates with your insurance carriers, CAMIS may not. It is your responsibility to verify your coverage with ALL your insurance carriers.

Do I have a facility-based deductible?

If so, you may be asked to bring a portion of this deductible the day of the procedure. CAMIS will call you prior to your appointment to notify you of this. If a payment plan would be helpful, please let them know at the time of this phone call.

Am I responsible for any co-insurance?

For example, some policies cover 80%, leaving the patient responsible for 20%, which is your co-insurance. If you have any co-insurance responsibility, you may be asked to bring a portion of this amount the day of the procedure. CAMIS will call you prior to your appointment to notify you of this. If a payment plan would be helpful, please let them know at the time of this phone call.

Do I have a facility co-pay?

If so, this is due on the date of the procedure.

Do I need a referral?

Please make sure all referrals are up-to-date. If you are scheduled for a second procedure on another day, a second referral may be required.

How will my colonoscopy be billed?

If you are having a colonoscopy, to better understand how your insurance company may handle your colonoscopy claim, please see the attached sheet. When calling, you'll need your diagnosis code(s), found on your patient summary received after your office visit, so that your insurance company can tell you how they will be processing your claim and your potential financial responsibility, if any.

As always, if you have any questions or concerns, please feel free to call us at (732) 370-2220.

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CENTER FOR AMBULATORY AND MINIMALLY INVASIVE SURGERY (CAMIS)



234 Industrial Way West, Bldg. B., Suite 101 · Eatontown, NJ 07724 · (P) 732-440-4900 · (F) 732-440-4502

For all patients and their caregivers:

Please know that your health, safety, and well-being continue to be our highest priority.

During this COVID-19 outbreak, CAMIS has been working to carefully provide the safest possible care to our patients, many of whom require specialized care.

We have been safely performing urgent cases as allowed by Executive Order, with the strictest of infection control procedures and are proud of the fact that we have a certified Infection Preventionist on staff at CAMIS to oversee the process and ensure the highest standards are followed.

We would like to make you aware of our revised **pre-operative guidelines** and our **visitor policy**.

Step 1: Preparing for your procedure:

To help minimize risk of asymptomatic spread of coronavirus during your procedure we ask that you:

- **You must have a COVID-19 test within 6 days of your procedure**, your physician's office can guide you in places to get tested.
- Continue to **shelter in place** to protect yourself from others in the community.
- Follow **physical distancing and handwashing guidelines**. This applies to the person who will be bringing you to and from the procedure as well.
- **Avoid contact with others or leaving the home** once you have been tested prior to surgery (see last page for detail).
- **Pre-procedure:** We want to perform your procedure in the safest possible manner to give you the best chance for a smooth recovery. It is critical that you complete your online health history form **as soon as you receive your personalized link via text message and/or email**. **Your procedure will not be officially scheduled** until this is complete.
- **Check for symptoms** daily prior to procedure and notify us if you have any of the following prior to arriving:
 - Fever \geq 99 F in the last 24 hours
 - Cold/FLU symptoms (e.g. cough, shortness of breath, respiratory distress, fever, chills, sore throat)
 - GI upset or loss of taste or smell

Step 2: Stay flexible:

Your procedure is currently scheduled to proceed on the planned date and time, but we also have to be flexible to deal with any potential changes regarding the capacity of our Center and providers. **We would appreciate your understanding if things change**, and in return we promise to keep you informed with up

to date information with what is happening here at CAMIS, as well as keeping your best interests at the forefront.

Step 3: Understand what to expect day of procedure:

Under the authority of the state of New Jersey Department of Public Health Order, we have some **strict guidelines** in place that you will see immediately upon arriving at our facility.

For patients with a scheduled procedure at CAMIS, 234 Industrial Way West, Bldg. B, suite 101, Eatontown, NJ 07724:

- **Please be available by phone for instructions and evaluation.** Watch for our phone number, 732-440-4900. **If we are unable to reach you, your procedure will be rescheduled** to ensure all appropriate measures and precautions are followed. There will be limited appointments and it is essential that you receive the proper instructions and arrive at the scheduled times, otherwise you will be rescheduled.
- Please arrive at the **designated time** given on the pre-procedure phone call. Timely arrival is important, and walk-ins will not be accommodated for the safety of our patients, staff, and physicians.
- As an extra layer of protection, you will notice our entire staff will be wearing surgical masks and other items as needed. **Please comply with the law and arrive with a mask/face covering.**
- The patient will be checked in and asked to sign appropriate paperwork.
- Please be sure to provide contact information of your designated point person when asked.
- Your designated person/driver will be asked to remain in their car until the procedure is over, at which time we will call them.
- As soon as the surgical team is ready for you, they will take you to our pre-op area.
- Our surgical staff will keep your designated point person informed of your progress.
- After you have recovered in our post anesthesia care unit (PACU), you will be discharged to home.
- Our clinical staff will take you to your designated point person in the designated vehicle and obtain proper signature acknowledging your safe discharge from our facility.
- **The following page is a list of mandatory requirements from the Department of Health and the Governor's Office. Please read carefully to avoid having your procedure re-scheduled.**

We genuinely care about you and will do everything we can to provide you with the safest and best possible care experience. If you have any questions or concerns prior to that day, please don't hesitate to contact us. You can also visit our website at www.camisnj.com.

Center for Ambulatory and Minimally Invasive Surgery

What to expect for your upcoming procedure:

You must have Pre-operative COVID testing done within six (6) days of your procedure. When making an appointment, please make sure the testing site knows this test is for **CAMIS Surgery Center** and results must be available prior to the day of surgery or you will need to be re-scheduled. Testing site can send results to fax # 732-483-7182.

It is important that you follow these guidelines so we can provide care that keeps both you, the staff, and physicians safe and your stay with us uneventful.

Following testing you must:

- i. Self-quarantine at home until the day of surgery.
- ii. Socially distance in your place of self-quarantine, even while home with family, and wear a mask at all times, unless alone, or with family that also is not going out in public.
- iii. Immediately inform the facility if there is any contact with suspected or confirmed case of COVID-19 (732-440-4900).
- iv. Immediately inform the facility if there is any contact with a person with symptoms consistent with COVID-19 (732-440-4900).
- v. Immediately inform the facility if you develop any symptoms consistent with COVID-19 while in self quarantine (732-440-4900).

When you arrive at the Center for a scheduled procedure:

- i. You will be screened for COVID-19 related symptoms
- ii. You will be asked to sign a form to ensure that you have,
 - a. worn a mask since testing
 - b. socially quarantined since testing
 - c. do not have any new onset of symptoms related to COVID-19