

# CENTER FOR AMBULATORY AND MINIMALLY INVASIVE SURGERY (CAMIS)



234 Industrial Way West, Bldg. B., Suite 101 · Eatontown, NJ 07724 · (P) 732-440-4900 · (F) 732-440-4502

## For all patients and their caregivers:

Please know that your health, safety, and well-being continue to be our highest priority.

During this COVID-19 outbreak, CAMIS has been working to carefully provide the safest possible care to our patients, many of whom require specialized care.

We have been safely performing urgent cases as allowed by Executive Order, with the strictest of infection control procedures and are proud of the fact that we have a certified Infection Preventionist on staff at CAMIS to oversee the process and ensure the highest standards are followed.

We would like to make you aware of our revised **pre-operative guidelines** and our **visitor policy**.

## Step 1: Preparing for your procedure:

To help minimize risk of asymptomatic spread of coronavirus during your procedure we ask that you:

- Continue to **shelter in place** to protect yourself from others in the community.
- Follow **physical distancing and handwashing guidelines**. This applies to the person who will be bringing you to and from the procedure as well.
- **Avoid contact with others or leaving the home** as much as possible prior to surgery.
- **Pre-procedure:** We want to perform your procedure in the safest possible manner to give you the best chance for a smooth recovery. It is critical that you complete your online health history form as soon as possible by going to [www.camisnj.com](http://www.camisnj.com) and click on the Simple Admit icon on the bottom of the page. When prompted enter CAMIS732 in the password box and you can start the form. Your procedure will **not** be officially scheduled until this is complete.
- **Check for symptoms** daily prior to procedure and notify us if you have any of the following prior to arriving:
  - Fever  $\geq$  99 F in the last 24 hours
  - New respiratory symptoms (e.g. cough, shortness of breath, respiratory distress, sore throat)
  - GI upset or loss of taste or smell

## Step 2: Stay flexible:

Your procedure is currently scheduled to proceed on the planned date and time, but we also have to be flexible to deal with any potential changes regarding the capacity of our Center and providers. **We would appreciate your understanding if things change**, and in return we promise to keep you informed with up to date information with what is happening here at CAMIS, as well as keeping your best interests at the forefront.

### **Step 3: Understand what to expect day of procedure:**

Under the authority of the state of New Jersey Department of Public Health Order, we have some **strict guidelines** in place that you will see immediately upon arriving at our facility.

For patients with a scheduled procedure at CAMIS, 234 Industrial Way West, Bldg. B, suite 101, Eatontown, NJ 07724:

- **Please be available by phone for instructions and evaluation.** Watch for our phone number, 732-440-4900. If we are unable to reach you, your procedure will be rescheduled to ensure all appropriate measures and precautions are followed. There will be limited appointments and it is essential that you receive the proper instructions and arrive at the scheduled times, otherwise you will be rescheduled.
- Please arrive **at the designated time given on the pre-procedure phone call. Again, timely arrival is important and walk-ins will not be accommodated for the safety of our patients, staff, and physicians.**
- Both the patient and designated person must come into our pre-screening area for evaluation by one of our skilled nurses prior to checking in.
- As an extra layer of protection, you will notice our entire staff will be wearing surgical masks and other items as needed. **Please comply with the law and arrive with a mask/face covering.**
- Your designated person will be asked once evaluated to remain in their car until the procedure is over, at which time we will call them.
- The patient will then be escorted to the Waiting Area to be checked in and sign appropriate paperwork.
- Please be sure to include the contact information of your designated point person when asked.
- As soon as the surgical team is ready for you, they will take you to our pre-op area.
- Our surgical staff will keep your designated point person informed of your progress.
- After you have recovered in our post anesthesia care unit (PACU), you will be discharged to home.

**Please know we genuinely care about you and will do everything we can to provide you with the safest and best possible care experience.** If you have any questions or concerns prior to that day, please don't hesitate to contact us. You can also visit our website at [www.camisnj.com](http://www.camisnj.com).